



See if you qualify for  
**12 weeks of no-cost**  
**Medically Tailored Meals**

### What are Medically Tailored Meals?

They are specially crafted meals for various health conditions, helping you achieve better health.

### Nourishing Your Health!

Discover customized meal plans designed for your specific health needs. Enjoy nutritious and delicious meals that support your well-being.

Scan or Visit  
<https://go.calassist.org/noce>

Our 2-minute screener matches you to no-cost services available through your health plan and community partners.

