**NOCE Kindness Week**

**   
November 9 -13, 2020**

**SHARE A MESSAGE – Monday, November 9, 2020***Message, call, or e-mail a friend or family member. A little kindness goes a long way!*

**DECORATE – Tuesday, November 10, 2020***Make your world a happier place! Decorate your sidewalk, window, or door with positive messages. Share your photos online and hashtag* **#NOCEKindness**.

**THANK A VETERAN – Wednesday, November 11, 2020**  
*Thank a Veteran through* ***#OperationGratitude****! Complete an online form to have a postcard sent to a Veteran.* [**Thank a Veteran Today!**](https://www.veteransunited.com/operation-gratitude/)

**SOCIAL SEND – Thursday, November 12, 2020 – SOCIAL SEND***Spread kindness by posting an uplifting GIF, meme, or message on social media! Share them with us online and* **#NOCEKindness**!

**WORLD KINDNESS DAY – Friday, November 13, 2020***Download a kindness app! The* ***BeKind*** *app challenges you with daily recommendations for acts of kindness, as well as positive messages to send to friends and family.*

**TAG US ONLINE! – Share Your Acts of Kindness***Follow NOCE on social media and share your acts of kindness photos with us. Tag NOCE and hashtag #NOCEKindness so you can be featured on the NOCE social media.*

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